

參考資料[^]

香港

1. 香港特別行政區政府(2021)：《立法會十八題：治療抑鬱症患者》，網址：<https://www.info.gov.hk/gia/general/202109/15/P2021091500511.htm?fontSize=1>
2. 政府統計處(2018)：《2016年中期人口統計主題性報告：長者》，網址：<https://www.statistics.gov.hk/pub/B11201052016XXXXB0100.pdf>
3. 政府統計處(2020)：《香港人口推算2020-2069》，網址：<https://www.statistics.gov.hk/pub/B1120015082020XXXXB0100.pdf>
4. 政府統計處(2021)：《主題性住戶統計調查第73號報告書：資訊科技使用情況和普及程度》，網址：https://www.censtatd.gov.hk/en/data/stat_report/product/C0000031/att/B11302732021XXXXB0100.pdf
5. 創新及科技局(2021)：《數碼共融進度報告》，立法會CB(1)984/20-21(05)號文件，網址：<https://www.legco.gov.hk/yr20-21/chinese/panels/itb/papers/itb20210615cb1-984-5-c.pdf>
6. 立法會秘書處(2021)：《資料摘要：德國和日本的長者社區照顧服務》，網址：<https://www.legco.gov.hk/research-publications/chinese/2021in12-community-care-services-for-the-elderly-in-germany-and-japan-20210616-c.pdf>
7. Chinese University of Hong Kong. (2018) *AgeWatch Index for Hong Kong: Topical Report on Health Status*. Available from: https://www.ioa.cuhk.edu.hk/images/content/community_outreach/AgeWatch_Index/Topical_Report_on_Health_Status.pdf
8. City University of Hong Kong. (2021) *Physical and Mental Health of Socially Isolated Seniors at Higher Risk During Pandemic*. Available from: <https://www.cityu.edu.hk/media/news/2021/10/05/physical-and-mental-health-socially-isolated-seniors-higher-risk-during-pandemic>
9. 香港房屋協會(2020)：《樂融軒》，網址：https://www.hkhs.com/tc/housing_archive/id/81#

10. Jockey Club Age-friendly City. (2020) *Report on Hong Kong Elder Quality of Life Index incorporating AgeWatch Index for Hong Kong 2019*. Available from: [https://www.jcafc.hk/uploads/docs/HKEQOL_2019_final_online\(v2\).pdf](https://www.jcafc.hk/uploads/docs/HKEQOL_2019_final_online(v2).pdf)
11. Lingnan University. (2020) *LU Study Reveals How COVID-19 Affects Services for the Elderly and Their Psychological Health*. Available from: <https://ln.edu.hk/research-and-impact/research-press-conferences/the-study-on-the-provision-of-elderly-services-amid-coronavirus-pandemic>
12. The Hong Kong Jockey Club. (2021) *Jockey Club supports distribution of 20,000 "LeaveHomeSafe" compatible smartphones to underprivileged elderly*. Available from: https://corporate.hkjc.com/corporate/corporate-news/english/2021-12/news_2021122101007.aspx
13. The Samaritan Befrienders Hong Kong. (2021) *Annual Report 2020*. Available from: <https://sbhk.org.hk/wp-content/uploads/2021/10/2020.pdf>
14. University of Hong Kong. (2019) *A Survey of Elderly Mental Health in Hong Kong: Final Report 2019*. Available from: https://ageing.hku.hk/upload/file/elderly_mental_health_report-s.pdf
15. 民建聯(2018)：《既要居家 亦要安老》，1月24日，網址：<https://www.dab.org.hk/post/既要居家-亦要安老>
16. 明匯智庫及大舜基金(2017)：《青年租住「跨代屋」可行性計劃研究報告》，網址：<http://dashun.org.hk/wp-content/uploads/2020/06/《青年租住「跨代屋」可行性計劃》研究.pdf>
17. 信報(2021)：《東成里獲城規通過 新地引入跨代共居房屋》，2月26日，網址：<https://www2.hkej.com/property/article/id/2721940/東成里獲城規通過+新地引入跨代共居房屋>
18. 香港01(2020)：《疫情礙長者服務 社福機構改網上訓練助認知障礙患者》，4月24日，網址：<https://www.hk01.com/社會新聞/464408/新冠肺炎-疫情礙長者服務-社福機構改網上訓練助認知障礙患者>
19. 香港經濟日報(2021)：《【安心出行】消息：馬會將聯四大電訊商研贈手機共1萬部 首批聖誕之前派發》，12月5日，網址：<https://topick.hket.com/article/3124264/【安心出行】消息：馬會將聯四大電訊商研贈手機共1萬部%80%80首批聖誕之前派發>

德國

20. AARP. (2017) *The Aging Readiness & Competitiveness Report: Germany*. Available from: <https://arc.aarpinternational.org/File%20Library/Full%20Reports/ARC-Report---Germany.pdf>
21. Bundesministerium für Familie, Senioren, Frauen und Jugend. (2021) *Results of the Evaluation on the Federal Multigenerational-housing Programme*. Available from: https://www.mehrgenerationenhaeuser.de/fileadmin/Daten/05_Fachinformationen/Archiv_Bundesprogramm_2017%2D2020/InterVal_2021_Evaluation_Bundesprogramm_Mehrgenerationenhaus_Kurzpräsentation.pdf
22. European Parliament. (2021) *Ageing Policies - Access to Services in Different Member States*. Available from: [https://www.europarl.europa.eu/RegData/etudes/STUD/2021/662940/IPOL_STU\(2021\)662940_EN.pdf](https://www.europarl.europa.eu/RegData/etudes/STUD/2021/662940/IPOL_STU(2021)662940_EN.pdf)
23. Statistisches Bundesamt. (2021) *Number of People Aged 67 or Over Will Grow 22% by 2035*. Available from: https://www.destatis.de/EN/Press/2021/09/PE21_459_12411.html;jsessionid=865EE1C649A944FB5C2499B8777B47AA.live731
24. United Nations Economic Commission for Europe. (2009) *Policy Brief: Integration and Participation of Older Persons in Society*. Available from: https://unece.org/fileadmin/DAM/pau/_docs/age/2009/Policy_briefs/4-Policybrief_Participation_Eng.pdf

紐約

25. Hudson, J. et al. (2020) *Robotic Pet Use Among Community-Dwelling Older Adults*. *The Journals of Gerontology: Series B*, Vol. 75, Issue 9, pp. 2018-2028. Available from: <https://academic.oup.com/psychsocgerontology/article/75/9/2018/5891953>
26. New York City Department for the Aging. (2019) *New York Foundation for Senior Citizens, Department for the Aging Expand Home Sharing Program*. Available from: <https://www1.nyc.gov/site/dfta/news-reports/press-releases/pr-NYFC-and-DFTA-hold-pr-for-homesharing-program.page>
27. New York City Department for the Aging. (2020a) *DFTA Launches Campaign to Limit Social Isolation Among Older New Yorkers During COVID-19*. Available from: <https://www1.nyc.gov/site/dfta/news-reports/press-releases/pr-limit-social-isolation-among-older-new-yorkers-during-covid19.page>

28. New York City Department for the Aging. (2020b) *DFTA Launches Friendly VOICES – a New Volunteer Program to Limit Social Isolation Among Older New Yorkers During COVID-19*. Available from: <https://www1.nyc.gov/site/dfta/news-reports/press-releases/pr-friendly-voices-a-new-volunteer-program-to-limit-social-isolation.page>
29. New York City Department for the Aging. (2021) *Department for the Aging to Distribute 10,000 Free Wi-Fi Equipped Mobile Tablets to Older New Yorkers Across the City*. Available from: <https://www1.nyc.gov/site/dfta/news-reports/press-releases/pr-dfta-distribute-10000-free-wifi-equipped-mobile-tablets.page>
30. New York City Department for the Aging. (2022) *Home Sharing*. Available from: <https://www1.nyc.gov/site/dfta/services/housing-support.page>
31. New York Foundation for Senior Citizens. (2022) *Home Sharing*. Available from: <https://www.nyfsc.org/home-sharing/>
32. New York State Office for the Aging. (2021) *NYSOFA Delivers Animatronic Pets to Older Adults in the North Country*. Available from: <https://aging.ny.gov/news/nysofa-delivers-animatronic-pets-older-adults-north-country>
33. Official Website of the City of New York. (2018) *Fact Sheet: Mayor de Blasio Releases Preliminary Budget for Fiscal Year 2019*. Available from: <https://www1.nyc.gov/office-of-the-mayor/news/077-18/fact-sheet-mayor-de-blasio-releases-preliminary-budget-fiscal-year-2019#/0>

新加坡

34. Centre for Liveable Cities Singapore. (2020) *Ageing Well Together*. Urban Solutions, Issue 16, pp. 86-91. Available from: https://www.clc.gov.sg/docs/default-source/urban-solutions/urb-sol-iss-16-pdfs/13_case_study-singapore-ageing-together.pdf
35. Chan, A. (2021) *An Overview of Singapore's Long-term Care System: Towards a Community Model Care*. Available from: https://www.eria.org/uploads/media/Books/2021-Coping-with-Rapid-Population-Ageing-Asia/9_Part1-Ch-5-Long-term-Care-Singapore.pdf
36. Data.gov.sg. (2022) *Housing Grants Awarded by Type of Housing Grant*. Available from: <https://data.gov.sg/dataset/households-that-benefitted-from-cpf-housing-grant>

37. Infocomm Media Development Authority. (2021a) *Annual Report 2020-2021*. Available from: <https://www.imda.gov.sg/-/media/Imda/Files/About/Resources/Corporate-Publications/Annual-Report/IMDA-Annual-Report-FY2020-2021.pdf>
38. Infocomm Media Development Authority. (2021b) *Digital Society: Household Access to Computer by Household Composition, 2016 – 2020*. Available from: <https://www.imda.gov.sg/infocomm-media-landscape/research-and-statistics/Digital-Society>
39. Infocomm Media Development Authority. (2021c) *More Than 100,000 Seniors Benefitted from SDO's Digital Skills Training with 9 in 10 Seniors Continuing to Apply Skills*. Available from: https://www.sgpc.gov.sg/sgpcmedia/media_releases/imda/press_release/P%2D20210903%2D1/attachment/More%20than%20100000%20seniors%20benefitted%20from%20SDO%20digital%20skills%20training%20with%209%20in%2010%20seniors%20continuing%20to%20apply%20skills.pdf
40. Ministry of Health. (2016) *Action Plan for Successful Ageing*. Available from: <https://www.moh.gov.sg/docs/librariesprovider3/action-plan/action-plan.pdf>
41. Ministry of Health. (2021) *Elderly Suicide and Social Isolation During COVID-19*. Available from: <https://www.moh.gov.sg/news-highlights/details/elderly-suicide-and-social-isolation-during-covid-19/>
42. Government Technology Agency. (2020) *Improving TraceTogether through community engagement*. Available from: <https://www.tech.gov.sg/media/technews/2020-07-06-tracetgether-token-teardown>
43. Gov.sg. (2020) *Mission: Digital Training for 100,000 Seniors*. Available from: <https://www.gov.sg/article/digital-training-for-seniors>
44. Housing and Development Board. (2022) *Living With/Near Parents or Child*. Available from: <https://www.hdb.gov.sg/residential/buying-a-flat/resale/financing/cpf-housing-grants/living-with-near-parents-or-child>
45. Today Online. (2021) *Close to S\$500 million in Housing Grants Disbursed to 15,600 First-time Home Buyers Since Sept 2019*. Available from: <https://www.todayonline.com/singapore/close-s500-million-housing-grants-disbursed-15600-first-time-home-buyers-sept-2019>

其他

46. Centers for Disease Control and Prevention. (2021) *Loneliness and Social Isolation Linked to Serious Health Conditions*. Available from: <https://www.cdc.gov/aging/publications/features/lonely-older-adults.html>
47. Day, P. et al. (2020) *A Public Health Approach to Social Isolation in the Elderly*. *Journal of Community Nursing*, Vol. 34, No. 3, pp. 54-59. Available from: <https://derby.openrepository.com/bitstream/handle/10545/625116/13-public-health.pdf?sequence=1&isAllowed=y>
48. Gov.Scot. (2018) *A Connected Scotland: Our Strategy for Tackling Social Isolation and Loneliness and Building Stronger Social Connections*. Available from: <https://www.gov.scot/publications/connected-scotland-strategy-tackling-social-isolation-loneliness-building-stronger-social-connections/pages/6/>
49. Gov.UK. (2015) *Loneliness and Isolation: Social Relationships are Key to Good Health*. Available from: <https://ukhsa.blog.gov.uk/2015/12/08/loneliness-and-isolation-social-relationships-are-key-to-good-health/>
50. National Academies of Sciences, Engineering, and Medicine. (2020) *Social Isolation and Loneliness in Older Adults: Opportunities for the Health Care System*. Available from: <https://www.nap.edu/catalog/25663/social-isolation-and-loneliness-in-older-adults-opportunities-for-the>
51. Queensland Alliance for Mental Health. (2021) *Inquiry into Social Isolation and Loneliness: Submission*. Available from: https://www.qamh.org.au/wp-content/uploads/QAMH-Submission_Inquiry-into-Social-Isolation-and-Loneliness-1.pdf
52. World Health Organization. (2021) *Social Isolation and Loneliness Among Older People: Advocacy Brief*. Available from: <https://www.who.int/publications/i/item/9789240030749>

註：^本節列出的互聯網資料為於2022年3月讀取。