

## 參考資料<sup>^</sup>

### 香港

1. 香港特別行政區政府(2018a)：《立法會十一題：遠足人士的安全》，1月24日，網址：<https://www.info.gov.hk/gia/general/201801/24/P2018012400768.htm>
2. 香港特別行政區政府(2018b)：《立法會十二題：遠足安全》，5月30日，網址：<https://www.info.gov.hk/gia/general/201805/30/P2018053000304.htm>
3. 香港特別行政區政府(2021a)：《立法會十一題：在郊外搜救及巡邏的工作》，3月17日，網址：<https://www.info.gov.hk/gia/general/202103/17/P2021031700424.htm>
4. 香港特別行政區政府(2021b)：《立法會十八題：在郊外亂拋垃圾的問題》，5月26日，網址：<https://www.info.gov.hk/gia/general/202105/26/P2021052600291.htm>
5. 香港特別行政區政府(2021c)：《立法會八題：市民在惡劣天氣下進行戶外活動》，9月8日，網址：<https://www.info.gov.hk/gia/general/202109/08/P2021090800597.htm>
6. 預算案(2021)：《預算案演辭》，2021至22財政年度政府財政預算案，網址：[https://www.budget.gov.hk/2021/chi/pdf/c\\_budget\\_speech\\_2021-22.pdf](https://www.budget.gov.hk/2021/chi/pdf/c_budget_speech_2021-22.pdf)
7. 漁農自然護理署(2022)：《統計數字》，網址：[https://www.afcd.gov.hk/tc\\_chi/country/cou\\_lea/cou\\_lea\\_use/cou\\_lea\\_use.html](https://www.afcd.gov.hk/tc_chi/country/cou_lea/cou_lea_use/cou_lea_use.html)
8. 環境保護署(2021)：《香港的自然保育及鄉郊保育概覽》，網址：[https://www.epd.gov.hk/epd/tc\\_chi/environmentinhk/conservation/conservation\\_maincontent.html](https://www.epd.gov.hk/epd/tc_chi/environmentinhk/conservation/conservation_maincontent.html)
9. Green Power. (2017) *To Restrict or Not to Restrict? That is the Dilemma of Ecological Carrying Capacity*. Available from: [https://www.greenpower.org.hk/html5/eng/fe\\_124.shtml](https://www.greenpower.org.hk/html5/eng/fe_124.shtml)

10. University of Hong Kong. (2019) *HKU Trailblazer Project Finds County Parks Linked to an Active and Healthy Lifestyle*. Available from: <https://sph.hku.hk/en/News-And-Events/Press-Releases/2019/20190624>
11. Website of Paul Zimmerman. (2021) *City2Trail: Hong Kong's First Trail Discovery Contest*. Available from: <https://www.paulzimmerman.hk/column.html>
12. 東方日報(2020)：《假期多個郊遊熱點逼爆 行山友布帶纏樹 做空中瑜伽 垃圾遍地》，10月26日，網址：[https://hk.on.cc/hk/bkn/cnt/news/20201026/bkn-20201026153838100-1026\\_00822\\_001.html](https://hk.on.cc/hk/bkn/cnt/news/20201026/bkn-20201026153838100-1026_00822_001.html)
13. 星島日報(2021)：《疫下本地遊啟示：鄉郊管理需創新思維》，7月19日，網址：<https://std.stheadline.com/daily/article/2377101/日報-港聞-智經時事分析-疫下本地遊啟示-鄉郊管理需創新思維>
14. 星島日報(2022)：《摩天崖 | 五星級行山路綫 肇事地點曾出意外 如何避免災禍》，9月26日，網址：<https://std.stheadline.com/supplement/article/2488015/副刊-今日館-摩天崖-五星級行山路綫-肇事地點曾出意外-如何避免災禍>
15. 香港01(2020a)：《大帽山私家車湧現 市民斥：要行山、運動點解要揸車》，3月1日，網址：[https://www.hk01.com/article/441791?utm\\_source=01articlecopy&utm\\_medium=referral](https://www.hk01.com/article/441791?utm_source=01articlecopy&utm_medium=referral)
16. 香港01(2020b)：《黃牛山石天窗成打卡熱點 草坡變禿地 跌腳難行 環團嘆傷痕難復原》，11月7日，網址：<https://www.hk01.com/社會新聞/544706/黃牛山石天窗成打卡熱點-草坡變禿地跌腳難行-環團嘆傷痕難復原>
17. 香港商報(2021)：《珍愛綠林 山野無痕》，5月4日，網址：[https://www.hkcd.com/content/2021-05/04/content\\_1266176.html](https://www.hkcd.com/content/2021-05/04/content_1266176.html)
18. 經濟日報(2021)：《行山郊遊要睇天 免累己累人》，7月23日，網址：<https://paper.hket.com/article/3013601/行山郊遊要睇天%20免累己累人>

## 內地

19. 中新網(2019)：《“有償救援”更待釐清責任邊界，形成規則共識》，9月16日，網址：<https://www.chinanews.com.cn/sh/2019/09-16/8956702.shtml>
20. 黃山市人民政府(2018)：《7月1日，〈黃山風景名勝區有償救援實施辦法〉正式施行》，網址：<https://www.huangshan.gov.cn/zxzx/zwyw/8286403.html>
21. 黃山市黃山區人民政府(2018)：《黃山風景名勝區有償救援實施辦法》，網址：<https://www.hsq.gov.cn/zwgk/public/6616169/8976001.html>
22. 新華社(2021)：《“驢友”違規野遊探險，救援是否應該個人“埋單”？》，6月23日，網址：[http://www.xinhuanet.com/politics/2021-06/23/c\\_1127590719.htm](http://www.xinhuanet.com/politics/2021-06/23/c_1127590719.htm)

## 台灣

23. Yushan Park Headquarters. (2021) *Principles of Regulations of Park Permit Applications for Entering the Ecological Restricted Area of Yushan National Park*. Available from: [https://npm.cpami.gov.tw/en/news\\_4main.aspx?id=1147](https://npm.cpami.gov.tw/en/news_4main.aspx?id=1147)
24. Yushan Park Headquarters. (2022) *Mountain Entry Permit Application Procedure*. Available from: [https://npm.cpami.gov.tw/en/news\\_4main.aspx?ID=1547](https://npm.cpami.gov.tw/en/news_4main.aspx?ID=1547)
25. Newtalk新聞(2021)：《幫保育巡查員加薪 每月最高多3,300元》，5月6日，網址：<https://newtalk.tw/news/view/2021-05-06/570459>
26. 中央通訊社(2021)：《山域事故暴增／登山自治條例促保障搜救也要使用者付費》，2月13日，網址：<https://www.cna.com.tw/news/asoc/202102130024.aspx>
27. 台灣山林悠遊網(2019)：《觀霧森林遊樂區「走進山裡一人的關係更緊密」登山安全講座開跑》，網址：<https://recreation.forest.gov.tw/News/News?id=20191220001>

28. 台灣消防處(2022)：《110年度山域事故案件概況》，網址：<https://www.nfa.gov.tw/cht/index.php?act=download&ids=14677>
29. 台灣登山研討會(2015)：《林務局簡易標示系統：山林路徑標示調查及設置》，網址：<http://taiwanmt.nchu.edu.tw/2015/download/B1-2%E6%9D%8E%E5%98%89%E6%99%BA%E6%9E%97%E5%BF%A0%E6%AF%85.pdf>
30. 林務局(2020)：《公私協力推廣登山安全——以健行筆記APP為例》，台灣林業46卷1期，13-20頁，網址：<https://www.forest.gov.tw/MagazineFile.aspx?fno=6786>
31. 林務局東勢林區管理處(2021)：《東勢林區管理處與民間協力設置白姑大山山徑路標》，網址：<https://dongshih.forest.gov.tw/all-news/0068637>
32. 南投縣消防局(2020)：《南投縣登山活動管理自治條例》，網址：<https://www.ntfd.gov.tw/latestevent/Details?Parser=9,3,32,,,484>
33. 健行筆記(2020)：《活動說明》，網址：<https://hiking.biji.co/index.php?q=minisite&id=178>
34. 健行筆記(2022)：《回報地圖》，網址：<https://hiking.biji.co/index.php?q=report&time=365>

## 美國

35. Hockett, K.S. et al. (2017) *The Efficacy of Combined Educational and Site Management Actions in Reducing Off-Trail Hiking in an Urban-Proximate Protected Area*, Journal of Environmental Management, vol. 203, part 1, pp. 17-28. Available from: <https://www.sciencedirect.com/science/article/pii/S0301479717306643>
36. Montgomery County Department of Environmental Protection. (2021) *What the PLOG is Plogging?* Available from: <https://mygreenmontgomery.org/2021/montgomeryplogs/>
37. Montgomery Parks. (2022) *Montgomery Parks Encourages the Public to Make an Impact for MLK Day of Service*. Available from: <https://montgomeryparks.org/montgomery-parks-encourages-the-public-to-make-an-impact-for-mlk-day-of-service/>

38. National Park Service. (2018) *Making a Difference*. Available from: <https://www.nps.gov/subjects/sound/difference.htm>
39. National Park Service. (2021a) *Find Your Next Adventure with the New National Park Service App*. Available from: <https://www.nps.gov/orgs/1207/04-16-21-find-your-next-adventure-nps-app.htm>
40. National Park Service. (2021b) *Take the Scenic Route: Recharge at National Parks*. Available from: <https://www.nps.gov/articles/000/take-the-scenic-route-recharge-at-national-parks.htm>
41. National Park Service. (2022a) *Most Famous National Parks Set Visitation Records in 2021*. Available from: <https://www.nps.gov/orgs/1207/most-famous-national-parks-set-visitation-records-in-2021.htm>
42. National Park Service. (2022b) *Visitor Use Management*. Available from: <https://www.nps.gov/yell/learn/management/visitor-use-management.htm>
43. National Park Service. (2022c) *Webcams*. Available from: <https://www.nps.gov/yell/learn/photosmultimedia/webcams.htm>
44. Senate Committee on Energy and Natural Resources. (2021) *Statement of Michael T. Reynolds, Regional Director for Interior Regions 6, 7 & 8, National Park Service, U.S. Department of the Interior, Before the Senate Energy & Natural Resources Subcommittee on National Parks, Regarding the Impacts of Overcrowding in Our National Parks on Park Resources and Visitor Experiences, and to Consider Strategic Approaches to Visitor Use Management*. Available from: <https://www.energy.senate.gov/services/files/7D641485-4958-4522-BA65-EF088BBC0D86>
45. United States Geological Survey. (2018) *The USGS is Studying How to Enjoy the Wilderness Without Impacting the Environment*. Available from: <https://www.usgs.gov/news/featured-story/leave-no-trace-summer-you-explore-outdoors>
46. United States Geological Survey. (2021) *Leave No Trace This Summer as You Explore the Outdoors*. Available from: <https://www.usgs.gov/news/featured-story/leave-no-trace-summer-you-explore-outdoors-0>

## 其他

47. Marion, J. and Brame, S.C. (1996) *Leave No Trace: Outdoor Skills and Ethics*, Park Science, Summer 1996 Issue, pp. 24-26. Available from: <https://irma.nps.gov/DataStore/DownloadFile/615424>
48. Wu, C.C. et al. (2021) *Low-Impact Hiking in Natural Areas: A Study of Nature Park Hikers' Negative Impacts and On-Site Leave-No-Trace Educational Program in Taiwan*, Environmental Impact Assessment, vol. 87. Available from: <https://www.sciencedirect.com/science/article/abs/pii/S0195925520308222>

註：^本節所列互聯網資料是於2022年12月讀取。