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# An overview of public health system in Hong Kong



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### **Presentation overview**

- Public health system in Hong Kong
- Interface issues with Hospital Authority
- Experience of SARS: public health measures



### **Hong Kong**

- South-eastern tip of China
- About 1100 square kilometers
- Population in 2002: 6.8 Million
- Median age: 37.5



# Challenges for public health

- Changes in trends of disease
  - Double burden of communicable and noncommunicable diseases
- Emerging and re-emerging infections
- Ageing population
  - Over 65 year old: 2002 11.6%

2031 24.3% (projected)

- Globalization
- Advances in medical and information technology

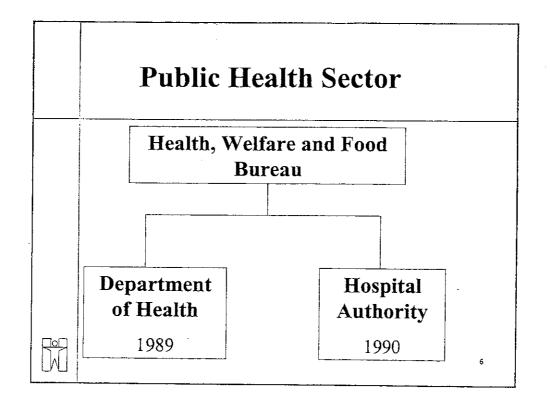


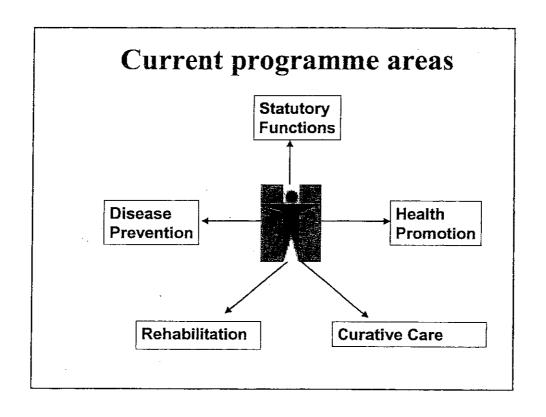
Health Care System
in Hong Kong

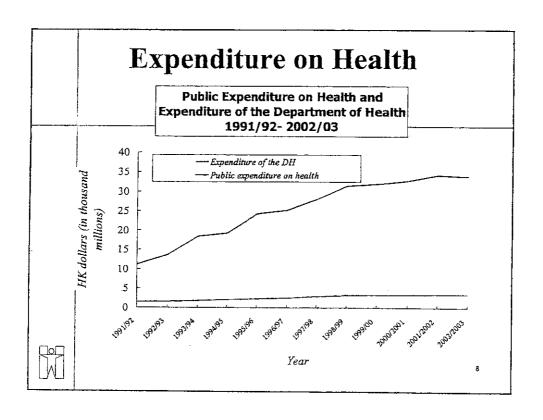
Dual Health Care System

Public Sector

Private Sector







# Health Care Reform: Principles

- No one denied medical treatment because of lack of means
- Every citizen has access to quality and affordable health care
- A system of shared responsibility between the government and residents
- Those who can afford should pay



hree Main Pillars		Strategic Directions
		Strengthen preventive care
Health Care Delivery — System		Re-organise primary medical care
	_	Develop community-based integrated services
	-	Improve public/private interface
		Facilitate dental care
	L	Promote Chinese Medicine
System of	F	Enhance quality assurance
Quality		Improve patient complaint
Assurance		mechanisms
Health Care		Reduce costs and enhance productivity
		Revamp public fees structure
Financing		Establish individual Health
$\mathbb{N}$		Protection Account

### **Redefined Core roles of DH**

#### Reference to:

- overseas experience
- local & global disease epidemiology
- public expectations
- views of legislature

#### Redefined public health roles:

- 1. Regulatory
- 2. Advisory
- 3. Health Advocacy and Promotion
- 4. Disease Prevention and Control

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### Regulatory

- preventing the importation of quarantinable diseases and their spread in Hong Kong;
- ensuring the safety, quality and efficacy of pharmaceutical products;
- promoting/protecting the health of radiation workers and minimizing public exposure to radiation hazard;
- providing secretariat support to registration of health personnel;
- licensing health care institutions except HA hospitals;

### **Advisory**

- Health advice in support of health policy formulation
- Advising other sectors on issues having potential health impact
- Preparing regular health status reports
- Developing Public Health Information
   System to support advisory role



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## Health Advocacy & Promotion

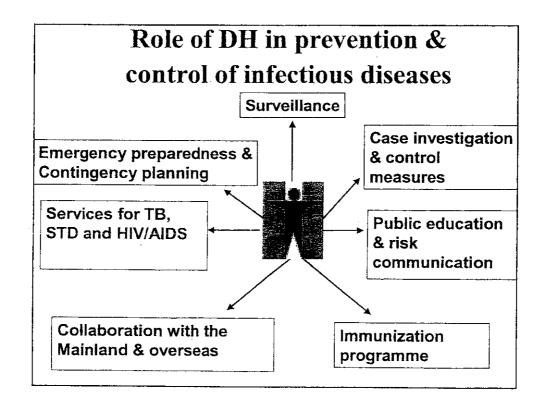
- Establishing Tobacco Control Office (2001)
- Re-organising Central Health Education Unit (2002)
- Implementing new health promotion programmes
  - Parenting
  - Adolescent Health
  - Men's Health



#### **Disease Prevention & Control**

- Strengthening the existing preventive services on both CD and NCD
  - Surveillance
  - Emergency preparedness & outbreak response
- Public Health Laboratory Service providing state-of –art techniques to support surveillance and disease control
- New initiatives:
  - Set up a working group to establish a territory-wide Antibiotic Resistance Surveillance System
  - Extend the Woman Health Service
  - Launch a Cervical Cancer Screening Programme
  - Launched a Men's Health Programme





# Communicable disease surveillance in Hong Kong

#### - Objectives:

- Facilitate early case investigation, isolation and treatment, contact tracing and outbreak control
- Monitor trend for formulating prevention strategies and health resource allocation
- Give health advice based on findings
- Disseminate information to public and professionals to increase awareness

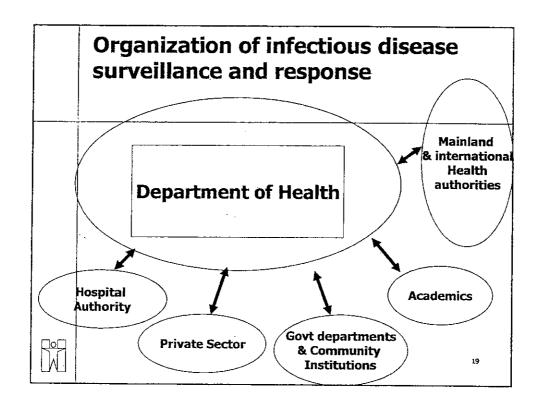


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# Communicable disease surveillance components

- Statutory notification
- 2. Sentinel surveillance
  - e.g. influenza-like illness, hand-foot mouth disease
- 3. Laboratory surveillance
  - e.g. seroprevalence, influenza, acute flaccid paralysis (polio)
- Voluntary reporting of diseases of public health significance e.g. HIV, STI, Japanese Encephalitis
- Outbreak reporting
  - e.g. schools, elderly homes
- 6. Active case findings
- 7. Other surveillance systems
  - e.g. vectors, animals, and food





# Case investigation & control

- Case investigations initiated within 24 hours of receiving disease notification
- Activities:
  - Active case finding
  - Contact tracing
  - Chemoprophylaxis
  - Source tracking & elimination e.g. depopulation of chicken
  - Vector control
  - Epidemiological/environmental studies

# Emergency preparedness & contingency planning

- Formulated contingency plans:
  - Bioterrorism attacks, pandemic influenza outbreak, dengue fever outbreak....
- Coordination & leadership of various advisory, interdepartmental or interbureaux committees
  - Immunisation, dengue fever, avian influenza......



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# Public education & risk communication

- Health promotion & risk communication target at different sectors/groups, via various channels and settings
- Port Health Office:
  - Focus on promotion of travel health among tourists & Tourism Industry
  - Enforce relevant sections of Cap 141 and the International Health Regulation
  - Operate Travel Health Centres



# International & regional collaboration

#### Mainland:

 Regular exchange of infectious diseases with some South China cities: Shenzhen, Zhuhai, Hainan and Macao

#### ■ WHO:

- Regular exchange of e.g. polio, influenza,rabies...
- Good communication network with other international health authorities



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# The interfaces with hospital (1)

- DH interface with hospitals on 4 major fronts
- First front: Director of Health
  - A member of the HA Board of Directors
  - Licensing authority of private hospitals
    - DH conducts regular inspections



# The interfaces with hospital (2)

- Second Front: Primary health care
  - DH & HA liaise to provide comprehensive care via referral system
  - Shared programmes in place
- Third Front: advisory committees
  - Both DH and HA are mutually represented
- Fourth Front: prevention and control of communicable diseases
  - Hospitals are a major partner of notifications, isolation and treatment

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### Interface issues with Communicable Diseases

- Infectious disease case investigations and contact tracing:
  - Regional Office of DH receives notifications of suspected /confirmed infectious disease from HA clinicians or laboratory
  - Initiate investigation and contact tracing within 24 hours
  - Refer suspected cases to HA for prompt isolation and treatment

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## **Interface issues with Communicable Diseases**

#### Surveillance

- HA hospitals and laboratories constitute part of the comprehensive infectious disease surveillance systems
- Laboratory surveillance
  - Public Health Laboratory of DH provides diagnostic microbiological services for some HA hospitals
  - Collaborates with hospitals to maintain laboratory surveillance for influenza, salmonella, etc.
  - Serves as reference laboratory for influenza, acute flaccid paralysis, malaria & receive hospital specimens for such diagnosis
  - Referral of patients for other diseases—MCHCs, SHS, GOPCs.

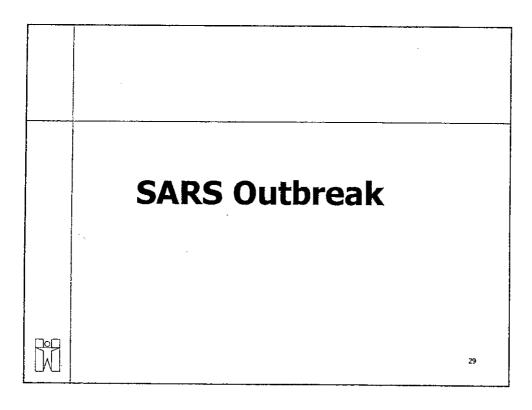
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### **Assessment**

- Current collaboration and interfacing worked well
- Sensitive surveillance system on influenza-like illness detected novel human strains- A(H5N1) in 1997 & A(H9N2) in 1999
- Prevented potential pandemic spread of avian influenza





Surveillance for AP (SARS)		
 ■Early February 2003	Rumours and media reports on a mysterious pneumonia outbreak in Guangdong	
■11 February 2003	Department of Health and Hospital Authority jointly implemented a surveillance system on severe community-acquired pneumonia	
■ 19 February 2003	■Two cases of influenza A H5N1 infection in a nine-year-old boy and his father after visited southern China. WHO was alerted	
■12 March 2003	■ DH alerted WHO of PWH outbreak of atypical pneumonia	

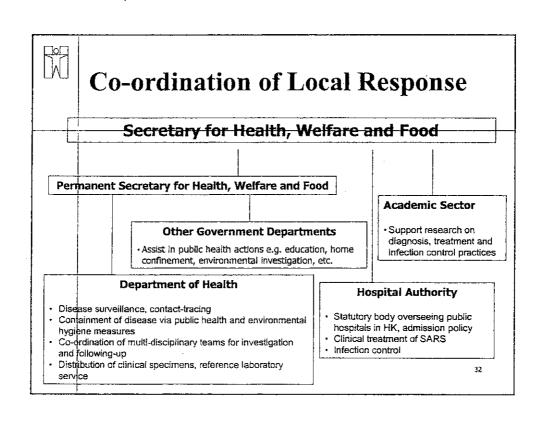
## Problems encountered at the outset

- medical community had no knowledge and low awareness of the disease
- lack of a good case definition
- no diagnostic test
- capacity problem in health care system

#### Results

- over diagnosis → abortive work and adding stress to the health care system
- under diagnosis, delayed contact tracing → cases and contacts slipped through the net





### **Public Health Interventions**

- Surveillance and case detection
  - Surveillance
  - Notification
  - Epidemiological investigation
  - Contact tracing
  - Medical surveillance

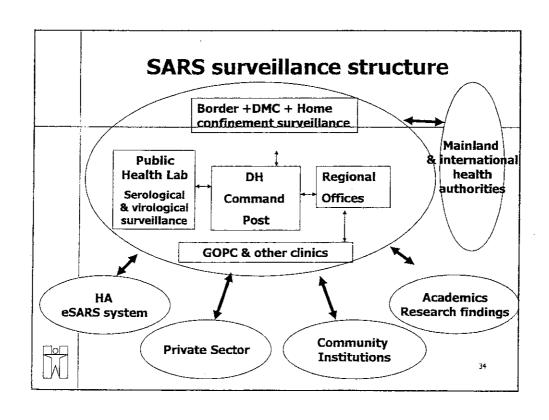
# Disease prevention and control

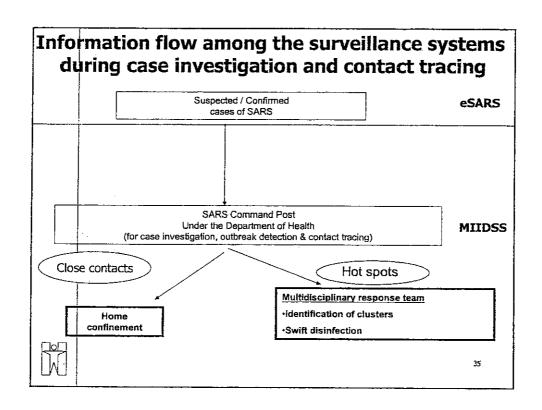
- Isolation of case
- Quarantine of close contacts
- Infection control
- Border control
- Multidisciplinary response team

### Community involvement

- Risk communication
- Public education
- Setting specific measures/advice

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### **SARS** surveillance (1)

- DH Command Post:
  - Designated team to centralise and collate all SARS data to get full picture
  - Analyze epidemiologic data, identify linkages and clusters, pick up unusual trends
  - Coordinate contact tracing and disease control activities

### **SARS** surveillance (2)

- E-SARS system operated by Hospital Authority:
  - extracted clinical and laboratory information of the public hospital SARS patients
  - A real-time surveillance programme allowing public health officers to access online for immediate case investigation and contract tracing



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### SARS surveillance (3)

- MIIDSS (Major Incident Investigation and Disaster Support System):
  - Developed by the Hong Kong Police Force
  - Link events, places and people to detect case clusters for immediate action



### SARS surveillance (4)

- SARS-CCIS (Case and Contact Information System)
  - Centralised information system integrating information from all the above surveillance systems
  - Provided a centralised database for all cases and contacts for tracking and analysis



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## **Designated Medical Centres** (DMC)

- Four DMCs
- Medical monitoring for contacts of SARS cases for ten days after last contact
  - temperature check
  - Check symptoms
  - CXR
- Suspected cases referred to hospitals
- Proactive good personal hygiene: wear mask and stay home except when visiting DMC



### Home confinement scheme

- To facilitate early detection and treatment of the household contacts of SARS patients and to contain the spread of the disease in the community
- Confined at home for 10 days
- As of 23 June, a total of 1262 persons from 493 households have been confined.

From Home Confinement Scheme:

 34 out of 1262 confined contacts confirmed to be probable cases of SARS i.e. 2.7%



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### Multidisciplinary response team

- Led by DH & comprises Buildings Dept,
   Housing Dept, the Police Force & FEHD
- Ensure swift & comprehensive investigation work to be conducted
- Move in for investigation, contact tracing, health advice, disinfection & cleansing for any buildings with ≥1 propable SARS case detected



### **Port Health Measures**

- Health declaration
  - Departing and arriving passengers and crews via the HKIA
  - All arrivals at other control points
- Temperature checking
- Medical posts on site
- "Stop list" implemented at immigration control points



 Close contacts of confirmed & suspected SARS patients are barred from leaving Hong Kong during the isolation period.

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# Health Awareness Programme

- To further ensure no export or import of cases
  - To restore confidence of travelers and foreign businessmen
  - Measures target at
    - Travelers: in-bound and out-bound
    - Hotel operators and staff
    - Tour operators and guides





### **Public education**

#### Education campaigns held

- n various places (e.g housing estates, public transport operators, schools kindergartens, childcare centers travelers, food premises)
- > for various target groups (e.g. the travelers, medical practitioners and the general public)
- through various means (e.g TV/radio messages, newspaper supplements, health talks, website, posters/pamphlets, hotline)

#### 當Key Messages:

- > Personal and environmental hygiene (including disinfection method)
- > Non-discrimination towards people under quarantine
- Publicize list of names of building blocks where SARS patients resided on DH website to ensure disinfection by all residents



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#### **International Collaboration**

- Inviting WHO technical support
  - Epidemiology studies
  - Environmental studies
- Sharing of data and findings with WHO, CDC and other countries
  - Daily country summary
  - Weekly line listing of cases
- Participation in international conferences and research



#### Collaboration with the Mainland

- Regular expert group meetings with Guangdong and Macao health authorities to share data and experience with SARS
- Agreed on:
  - strengthening the network of information flow on infectious diseases
  - enhancing information interflow on infection control in hospitals, data analysis on epidemic situation and clinical treatment
  - enhancing cooperation on scientific research and set up mutual visit programme



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## Challenges in SARS containment

- Still many unknowns about SARS
- Laboratory diagnosis
  - Crucial to laboratory surveillance
  - Lacks reliable rapid diagnostics
- Sustainability of alertness
- Prompt and efficient information flow between care providers and public health authority
- Globalisation and travel



### Lessons learned (1)

#### Local

- political commitment to enhance capacity of the health system on surveillance and response to infectious diseases
- mechanism to mobilise resources to provide 'surge' capacity to the heatlh system during major outbreak
- overcoming institutional barriers for public good
- central coordination in outbreak response involving the health and other sectors
- organisational framework for timely decision making and effective implementation of policies
- continue collaboration with regional and international partners



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### Lessons learned (2)

#### Regional

- strengthen disease surveillance network and information exchange system
- prompt reporting of outbreak of infectious diseases
- cross-border cooperation in communication and disease control
- collaboration on scientific research



### **Lessons learned (3)**

#### International

- WHO to continue to provide leadership in coordinating global response to SARS
- WHO to assist Member States to build capacity in disease surveillance
- WHO to update case definition of SARS and to coordinate research and development of reliable quick diagnostics, treatment and vaccine, and understanding of the coronavirus



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#### **WHO Assessment**

HK's contribution to the global effort

- Reporting: open and transparent reporting of H5N1 on 19 Feb that led to intensified global surveillance for respiratory disease
- Reporting: open and transparent reporting in early March of health worker infection, leading to global alert on 12 March
- Information: new cases and deaths reported regularly to WHO
- Science: coronavirus first isolated and identified, early PCR and antibody tests developed, environmental factors involved in transmission identified, studies on animal reservoir in collaboration with Guangdong scientists conducted
- Outbreak control: prompt reaction once outbreak had been identified, with effective case identification, contact tracing, isolation/infection control, surveillance and quarantine despite environmental transmission at Amoy Gardens



### **WHO Assessment**

What HK will contribute to the effort over coming months

- Continued case identification through surveillance
  - necessary to determine whether infection is endemic and seasonal, or whether it has disappeared from human populations
- Continued collaboration with China, particularly Guangdong Province in studies to identify animal reservoir and risk factors for transmission to humans
  - → necessary to manage the risk and prevent future outbreaks
- Continued participation in major WHO networks of global surveillance for influenza and other infectious diseases
  - → identify next major emergence of new influenza strain



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### Thank you